



My Ideal Day!

Today I Choose How I Will Spend My Time

Today's Date: _____

Focus Areas: ***Spiritually (S) | Mentally (M) | Physically (P) | Relationally/Socially (R) | Organization (O) | Financially (F)***

My Day will be successful because I will accomplish the following things:

	Focus Area	Priority
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____

In order of priority, these goals align with this week's goals which include:

	Personal or Business
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____

Today I accomplished: _____



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Key Decisions I made include:

1.

2.

3.

I demonstrated my core values in the following ways:

1.

2.

3.

Based on everything that occurred today, I feel
